



BREAKFAST ANYONE?

8AM - 11:30AM

BREAKFAST OF CHAMPIONS

HOME MADE MUESLI, FRESH FRUIT & YOGHURT

70

TOASTED CROISSANT STUFFED WITH AVO, BACON & POACHED EGG

80

BACON BENEDICT ON A MUFFIN

85

MANGA BREAKFAST...EGGS, TOMATO, BACON, SAUSAGE, MUSHROOMS & TOAST

88

DEEP FRIED EGGS WITH SAUTEED CHEESE SAUSAGE & POTATO

75

EGGS?

FRIED

SCRAMBLED

POACHED

(SOFT/MEDIUM/HARD)

BREAKFAST SIDES

GRILLED TOMATO 12

BEEF SAUSAGE 18

MUSHROOMS 15

CREATE YOUR OWN OPEN SANDWCH

BROWN

(incl butter & jam) 14

WHITE

(incl butter & jam) 14

CROISSANT 22

RYE

16

SOURDOUGH

20

PICK YOUR TOPPINGS

BACON 28

SALMON 35

AVO 28

CREAM

CHEESE 16

CHEDDAR 20

EGG 15

TOMATO 12

ROCKET 10

ASPARAGUS 32

BEVERAGE TIME

GLASS OF BUBBLES 70

PINT OF BEER 50

BLOODY MARY 65



BREAKFAST BEVERAGES

KICKSTART YOUR DAY

ESPRESSO 18

MACHIATO 20

AMERICANO 20

FLAT WHITE 23

LATTE 26

ICED COFFEE 35

HOT CHOCOLATE 30

EXTRA SHOT 6

EN MASSE LOOSE LEAF TEAS

24

THE CONNOISSEUR

(For the discerning rooibos drinker. These extra-long rooibos needles produce a truly magical flavour. Caffeine free.)

BLACK BREAKFAST

(This medium bodied black tea has a uniquely full aroma and can be enjoyed throughout the day. Add honey or sugar to taste.)

EARL GREY

(Respect returns to the Grey lineage with this punchy yet delicately aromatic bergamot and black tea blend.)

JASMINE QUEEN

(A clean blend of green rooibos and jasmine unique to the Western Cape. Caffeine free. Teams up brilliantly with sushi flavours.)

HOT X BUN CHAI

(A warming full bodied spiced chai. Caffeine free. Blends well with milk.)

CLEANSING DETOX

(Improve your circulation, digestion and boost your metabolism with this unusual blend of burdock root, lemongrass, lemon balm and fennel seeds. Caffeine free.)

DEVIL'S ADVOCATE

(A curiously strong, full bodied ginger and chilli infusion to keep you and your immune system honest. Caffeine free.)

GREEN CAIPIRINHA

(An exotic blend of citrus flavours with a green rooibos base. Loves a dash of honey. Caffeine free.)

JUICE

ORANGE 26

APPLE 26

MANGO 26

PINEAPPLE 26

STRAWBERRY 35